Achot Ketana

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Achot ketana, tefiloteha	תְפָלוֹתֶי ָה	אָחוֹת קְטַנָּה
Orcha ve'onah, tehiloteha	תְּהַלּוֹתֶיהָ	עוֹרְכָה וְעוֹנָה
El na refa na, le'machaloteha	לְמַחֲלוֹתֶיהָ	אֵל נָא רְפָא נָא
Tichleh shanah ve'kiloteha	תִּכְלֶה שָׁנָה וְקַלְלוֹתֶיהָ	
Be'noam milim, lecha tikraena	לְרֶ תִּקְרָאֶה	בְּנֹעַם מִלִּים
Ve'shir ve'hilulim, ki lecha naeh	פִּי לְדָ נָאֶה	וְשִׁיר וְהִלּוּלִים
Ad ma ta'lim, enecha ve'tireh	עינְרָ וְתִרְאֶה	עַד מָה תַעְלִים
Zarim ochlom, nachaloteha	נַחֲלוֹתֶיהָ	זָרִים אוֹכְלִים
Tichleh shanah ve'kiloteha	תִּכְלֶה שָׁנָה וְקַלְלוֹתֶיהָ	
Re'eh et tzonecha, arayot zaru	אָרָיוֹת זָרוּ	ַרְעֵה אֶת צֹאנְרָ
U'shfoch charonecha, be'omrim aru	בְּאוֹמְרִים עָרוּ	וּשְׁפֹּךְ חֲרוֹנְךָ
Ve'chanat yemincha, partzu ve'aru	פַּרְצוּ וְאָרוּ	וְכַנַּת יְמִינְךָ
Lo hishiru, oloteha	עוֹלְלוֹתֶיהָ	לא השְאִירוּ
Tichleh shanah ve'kiloteha	תִּכְלֶה שָׁנָה וְקַלְלוֹתֶיהָ	
Hakem mi'shiflut, le'rosh mamlechet	לְרֹאשׁ מַמְלֶכֶת	הָקֵם מִשִּׁפְלוּת
Ki bevor galut, nafsha nitechet	נֿפִּֿאָּׁעּ נִתֶּכֶת	כִּי בְּבוֹר גָּלוּת
U'chrum zulut, liba shofechet	לִבָּה שׁוֹפֶּכֶת	וּכְרֶם זֻלּוּת
Be'dalei dalut mishkenoteha	מִשְׁכְּנוֹתֶיהָ	בְּדַלֵּי דַּלּוּת
Tichleh shanah ve'kiloteha	תִּכְלֶה שָׁנָה וְקַלְלוֹתֶיהָ	

Tachel shanah u'virchoteha	תָּחֵל שָׁנָה וּבִּרְכוֹתֶיהָ	
Solu, solu, me'siloteha	מְסִלּוֹתֶיהָ	סלו סלו
Lachem ve'taalu, le'tzion ve'amar	לְצִיּוֹן וְאָמַר	לָכֶם וְתַעֲלוּ
Le'tzur hochilu brito shamar	בְּרִיתוֹ שָׁמַר	לְצוּר הוֹחִילוּ
Chizku ve'gilu, ki shod gamar	כִּי שֹׁד גָּמַר	חָזקוּ וְגִילוּ
Tichleh shanah ve'kiloteha	תִּכְלֶה שָׁנָה וְקִלְלוֹתֶיהָ	
Le'hatem ve'chaleh, mechaloteha	מְכַלוֹתֶיהָ	לְהָתֵם וְכַלֵּה
Ve'tafli fele, be'tzetcha ke'gibor	בְּצֵאתְךָ כְּגִבּוֹר	וְתַפְלִיא פֶלֶא
U'mibet keleh ulah tishbor	עֶלֶה תִּשְׁבּר	וּמִבֵּית כֶּלֶא
Matai ta'aleh, bitcha mibor	בַּתְּבָ מִבּוֹר	מָתַי תַּעֲלֶה

English Translation

The little sister - her prayers she prepares and proclaims her praises. O God, please, heal now her ailments. *Let the year and its curses conclude!*

With pleasant words she calls upon You, and with song and raises, for such befits You. Why do you avert Your eyes? Look! Enemies devour her heritage! Let the year and its curses conclude!

Tend Your sheep that the lions dispersed, and pour Your wrath upon those who say 'Destroy;' Your right hand's foundation-vine they have breached; and plucked [its fruit] not even leaving her tiny grapes. Let the year and its curses conclude!

Stand her up from degradation to lofty majesty, for in the pit of exile her soul had been melted. When the basest are elevated her heart is outpoured; among the poorest of the poor are her dwellings. Let the year and its curses conclude!

When will You raise up Your daughter from the pit; and from the dungeon, [will You] break her yoke? May You act wondrously when You go forth like a hero, to bring an end and conclusion to her ailments. Let the year and its curses conclude!

Be strong and rejoice for the plunder is ended; place hope in the Rock and keep His covenant. You will ascend to Zion and He will say: Pave! Pave her paths. Let the year and its blessings begin!